

What is Heart Failure?

Heart failure is a *Persistent and progressive* problem in which the heart muscle is incapable of pumping enough blood required for the body. It is a foremost reason for people admitted to the hospital especially having 65 years of age and above.

Types of Heart Failure

Reduced Ejection Fraction (HFrEF)

- HFrEF refers to 'systolic heart failure' which happens when the heart is unable to pump/squeeze enough blood out to the body.
- The borderline for Reduced Ejection Fraction is less than 40% (lower than normal).

Preserved Ejection Fraction (HFpEF)

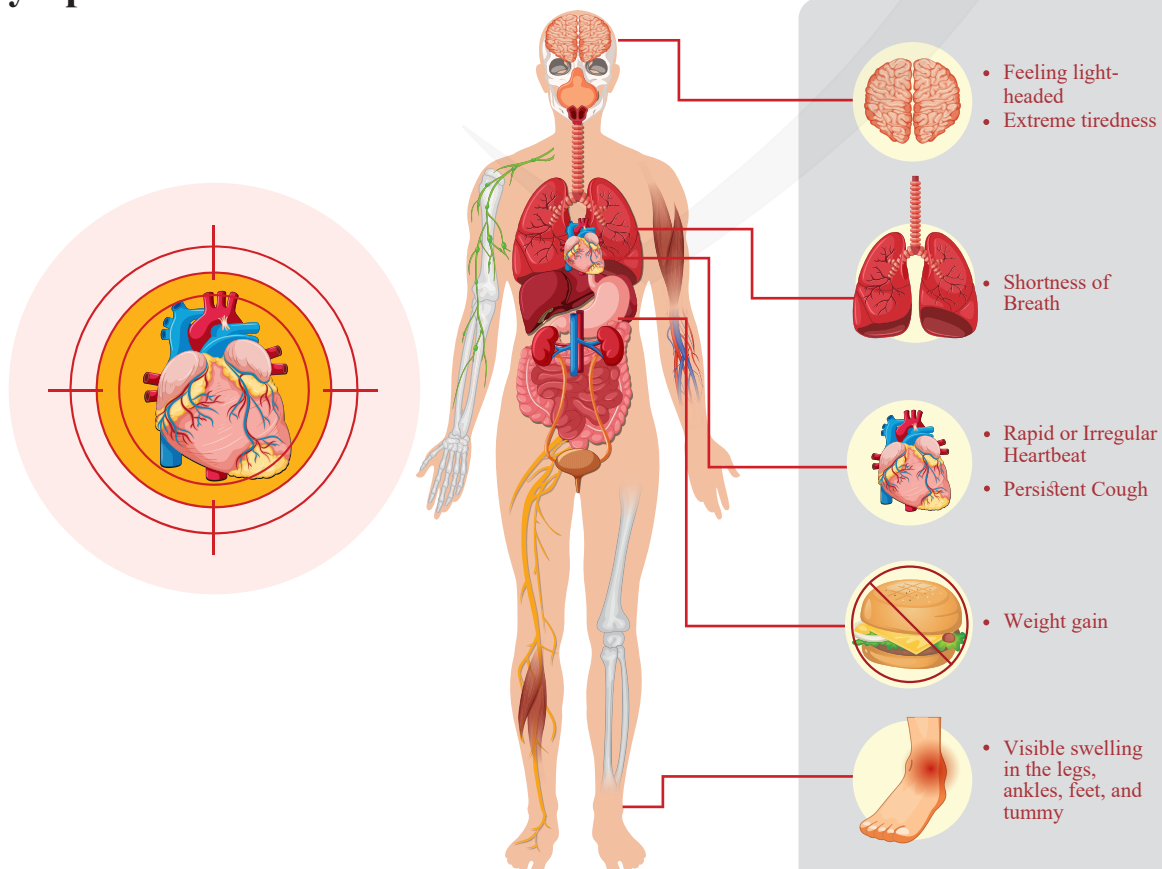
- HFpEF is a 'diastolic heart failure' characterized by condition in which heart is unable to fill with the enough blood.

Ejection Fraction is a measurement (expressed in %age) of the heart pumping out blood with each contraction/beat

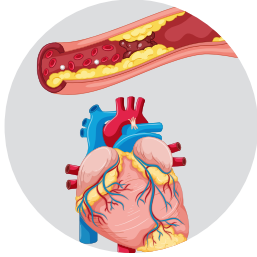


Over 6 million Americans have heart failure.

Symptoms of Heart Failure



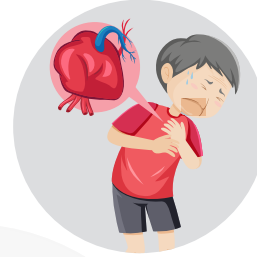
Common Causes



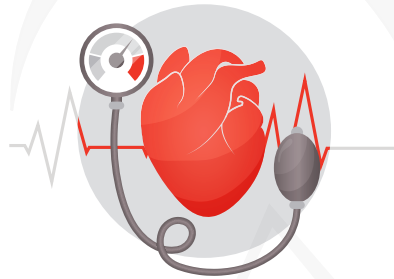
Coronary Artery Disease



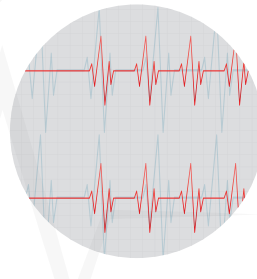
Diabetes



Heart Attack



High Blood Pressure



Irregular Heartbeat

Other Related Causes

- Heart Valve diseases
- Congenital Heart Diseases
- Heart Inflammation
- Obesity
- Certain Cancer treatments

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