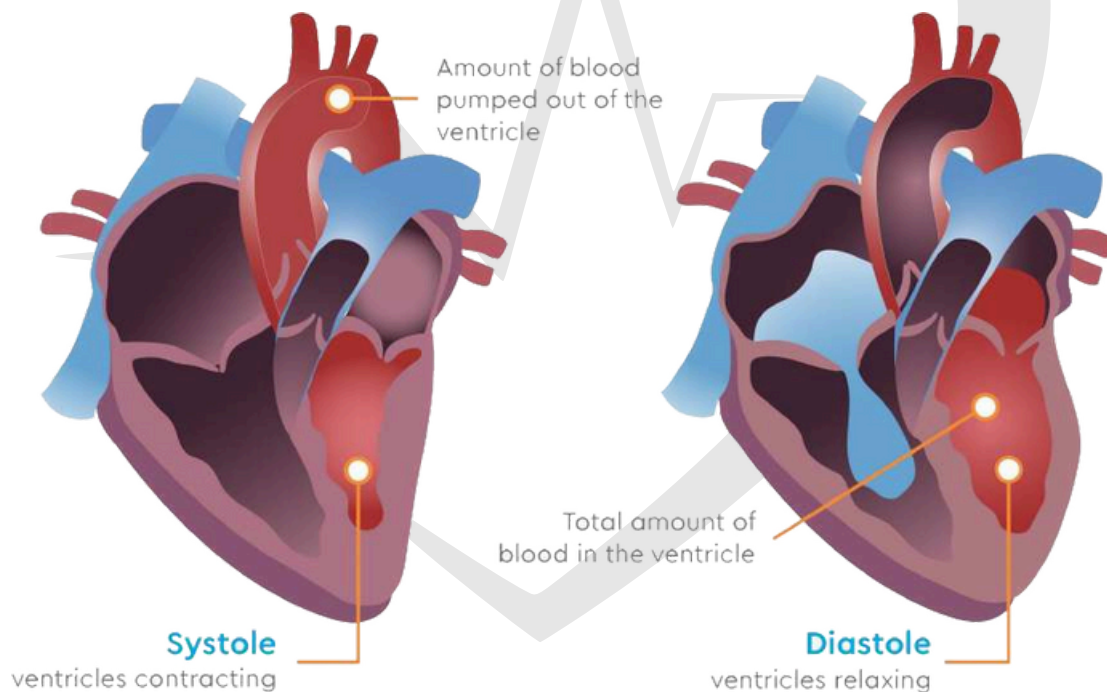


Ejection Fraction (EF)

The **Ejection Fraction (EF)** is the measurement of oxygen-rich blood ejection from the heart to the rest of the body during each contraction. EF expressed in percentage to reflect the heart health.

Ejection Fraction= amount of blood (present in the chamber) + amount of blood (pumped out from the heart)



Amount of blood pumped out of the ventricle

Total amount of blood in the ventricle

= Ejection fraction (%)

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How much blood is pumped out?

NORMAL Ejection Fraction is 51–70% blood pumped out during each contraction.

BORDERLINE Ejection Fraction is 41– 50% blood pumped out during each contraction.

REDUCED Ejection Fraction is less than 40% blood pumped out during each contraction.

You are advised to have a heart health diagnosis (with apparently normal heartbeat) to avoid the potential risk of heart failure. Timely and effective treatment can improve heart health's ejection fraction and lead towards a long and healthier life.

Talk with your healthcare provider about your options.

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OUR LOCATIONS

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